off the fence.

Must Eat! Must See! Must Do! - Singapore (Series 02)

8 x 30'

EPISODIC BREAKDOWN

1. Episode 1

Once you touchdown in Singapore, taste the famed laksa dish at 328 Katong Laksa, before shuttling over to the underground Battle Box and re-live Singapore's surrender during War World II. After you strap yourself into the GMax Reverse Bungy for a gravitational high, calm your jittery nerves with a meal at The Coastal Settlement and then head to the largest indoor skydiving wind tunnel for some fun.

2. Episode 2

After sampling Singapore's national breakfast of eggs and kaya toast, stroll through Fort Canning Park where Malay royalty used to live and then polish off a bowl of the Hakka soup dish – yong tau fu. For a dose of health and beauty, enjoy stewed crocodile paws and the collagen-rich turtle soup broth before hitting the waves at Wave House.

3. Episode 3

Take in the Changi Murals, a series of paintings that inspired hope in the Allied prisoners of war, before checking in to the 23,000 square feet indoor spa. As your stomach growls in hunger, wolf down a plate of Hainanese Chicken Rice and take a peek at the brightly coloured relics believed to belong to Buddha.

4. Episode 4

Plan a date with Made in Candy and cram your mouth full of sweet confectionery before you shell out big bucks for limited edition Tintin merchandise. After spending the afternoon at the Singapore Zoo and the world's first free-ranging orang utan enclosure, bite into a Nasi Lemak Burger at Ice Rockz.

5. Episode 5

If you are sick of smelling like everyone else, try your hand at concocting your own scent at independent perfumery, Sifr Aromatics. Later, pamper your palette with a plate of freshly cooked fried kway teow and fried oyster omelette, a dish born from scarcity during the Dutch-Sino war.

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6. Episode 6

For a taste of kampong life in Singapore, hitch a ride on a bumboat to Pulau Ubin and walk around Chek Jawa, a 100 hectare wetlands with six interdependent ecosystems. As a midmorning snack, have a bowl of silky smooth beancurd and buy a few quirky gifts from Action City for friends and family back home before sinking your teeth into Singapore's awfully chocolate cake.

7. Episode 7

Visit the MINT Museum of Toys for a walk down nostalgia as you browse its collection of 50,000 items, which are valued at SP\$5m, before traveling down to Chinatown for a rejuvenating crystal mud bath. After finishing your cup of tea, join the locals for ice-cream at home-grown chain-store, Udders, and chill out with a glass of bespoke drink at Drink Culture, a cocktail and champagne bar done up in Victorian decor.

8. Episode 8

Frequent traveling can take a toll on your body so schedule an appointment with a traditional Chinese herbalist before popping by House of Kung Fu to get some souvenirs. Now, there is no stopping you from attempting to fly a plane at Flight Experience or gobbling down some golf-ball sized pineapple tarts and flavoured bean curd tarts.

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